

# Youth Truth



**PEER RESEARCH**

**UNIT**

# What is Youth Truth?

**We are a peer research focus group in the youth council who have investigated how teen relationships can be affected by VAWG and gender based violence**



# What is Peer Research?

- Peers involved have personal experience in the subject matter
- Aims to empower people to affect positive change on subjects that matter
- Helps research tools be more accessible

## Why focus on teen relationships?

- Not talked about
- Usually awkward to share with adults only youth will understand (social aspects/feelings etc) .
- An opportunity to reflect, educate and share

# Our Aims & Objectives


## Aims:

- Understand how teenagers feel and relationship dynamics
- Influences on youth relationships / current social pressures and trends
- VAWG awareness factors for teens

## Objectives:

Youth-led initiative to carry out peer research of young people in the borough (11-18 years old) and present findings to youth practitioners and the council

Youth planning committee to record their journey

A group of diverse students are seated around a white table in a classroom setting. They are looking towards a tablet computer placed on the table. The students are dressed in casual attire like jackets and sweaters. In the background, a large blackboard or screen displays the text 'So why a survey?' in a bold, blue font. The scene is brightly lit, suggesting an indoor classroom environment.

**So why a survey?**

# Reason 1:

To be able to gather research from a widely experienced topic which affects young people everywhere.

# Reason 2:

It's an accessible form of research.

# Case Studies:

Spot the red flags

Sam and Alexx start chatting online. They seem to have a lot in common. After a few weeks Alexx starts asking a lot of personal questions. Eventually Alexx asks if Sam can send a picture. Sam feels unsure.

James and Sarah are dating. James has a best friend named Freya who gifted him a matching bracelet. Sarah keeps quiet about it. Sarah keeps seeing James and Freya speaking alone and when she questions James about it, he just says, 'Its private.' Later, Sarah sees that James is liking Freya's Instagram posts.

# Personal **Aims:**

**Teddy-** “to prove to myself I can manage a youth led project”

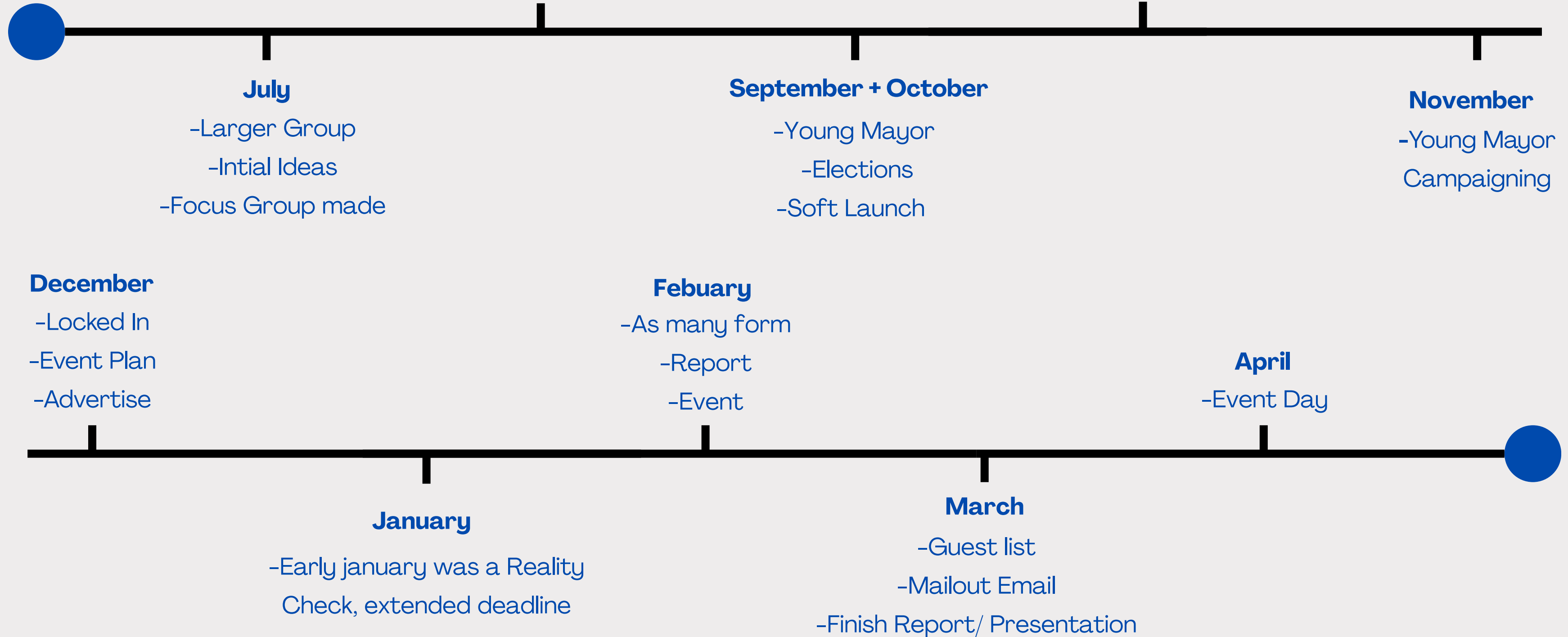
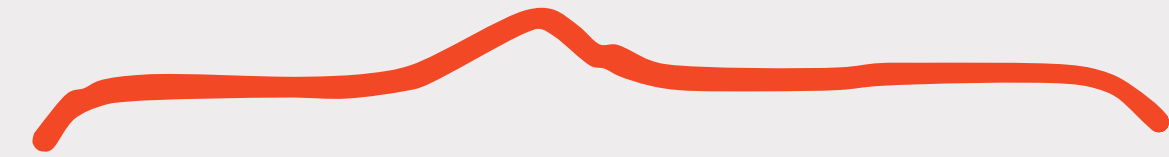
**Amaira-** “to research into an issue/factor that affects young people and my peers”

**Crystal-** “to encourage young people to use their voice and share their experience”

**Noor-** “to better understand the complexities of gaining youth voices and extracting data from it.”

# Timeline:

3 Months Frenzy (slowed down overall progress)



# Challenges:

- Working with young people
- Trying to collect extra support
- Getting the flyer out
- Busy time period

# Best Bits:

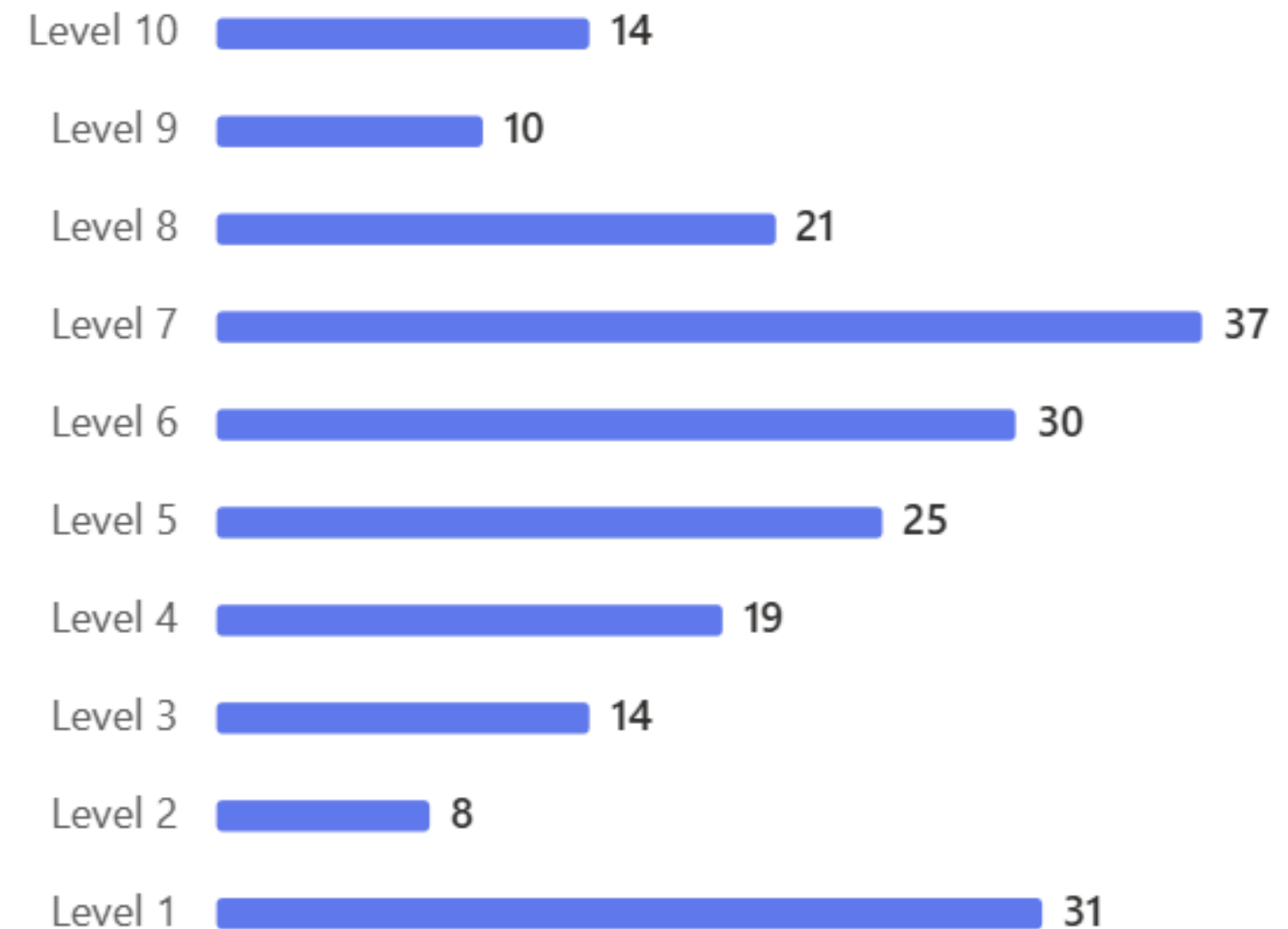
- Working with the team
- Workin' hard and seeing results
- Enjoying the process
- Event day- hard work being payed off
- Personal bests/ pushing ourselves
- Social media day - TH YMT creating content

# Personal insights on the data:

15. How much does social media influence your views on relationships?

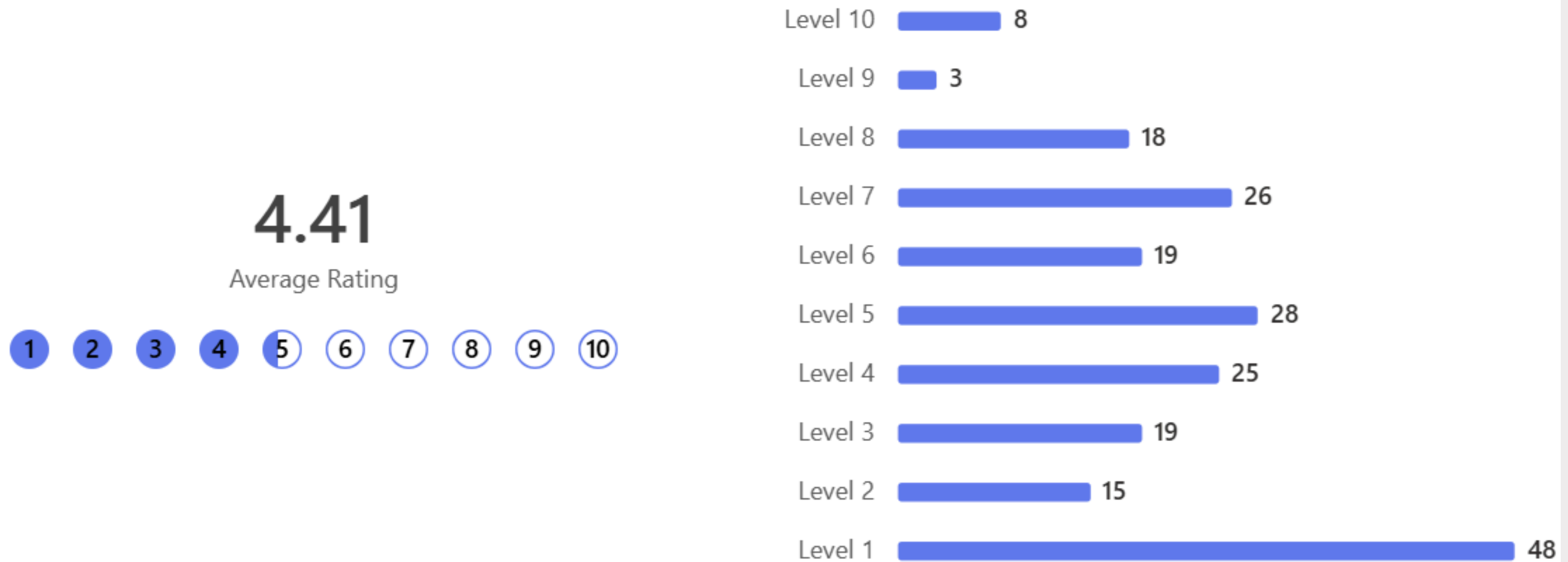
5.39

Average Rating



# Personal insights on the data:

17. How much do your friends influence your views on relationships?



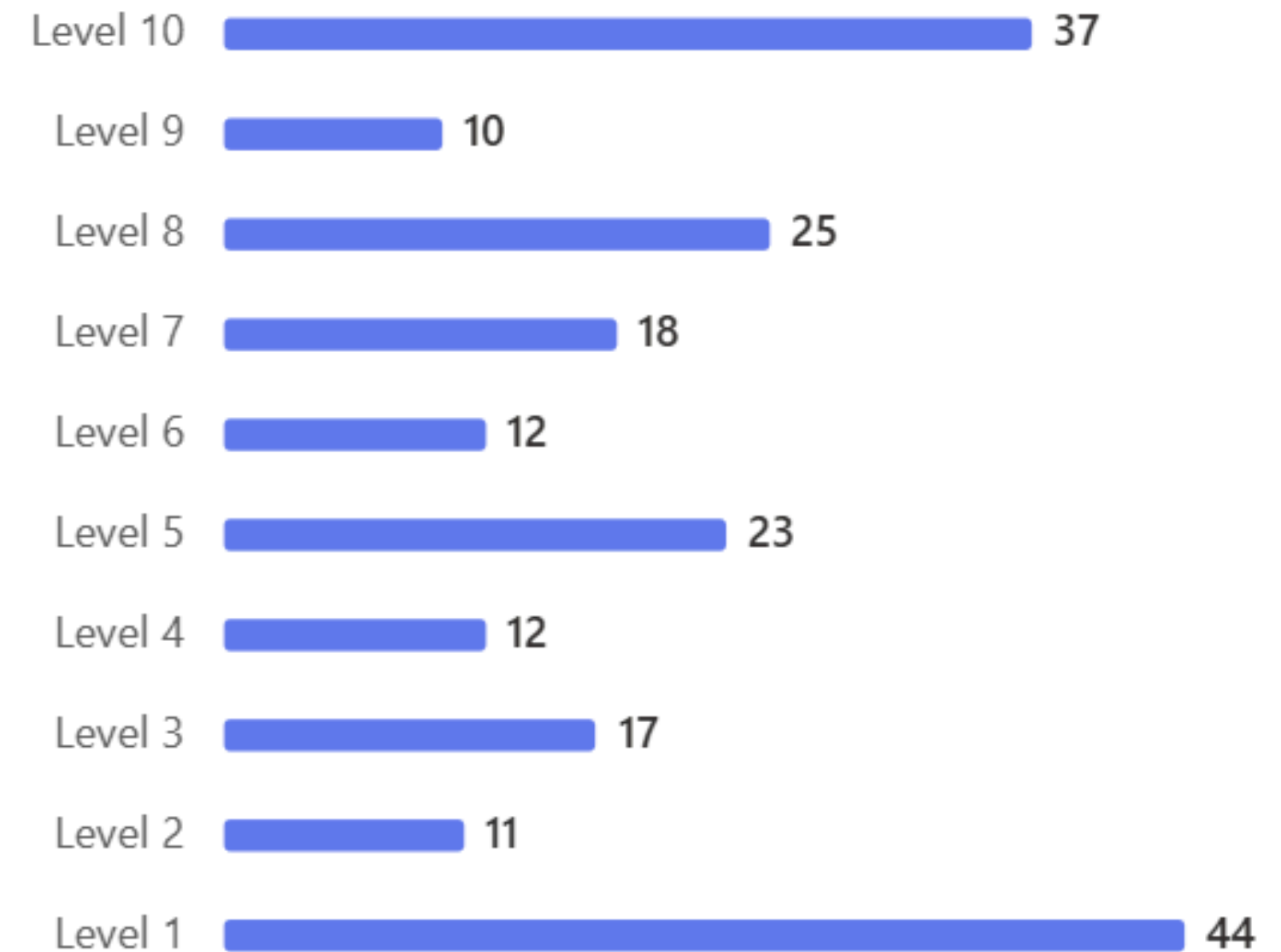
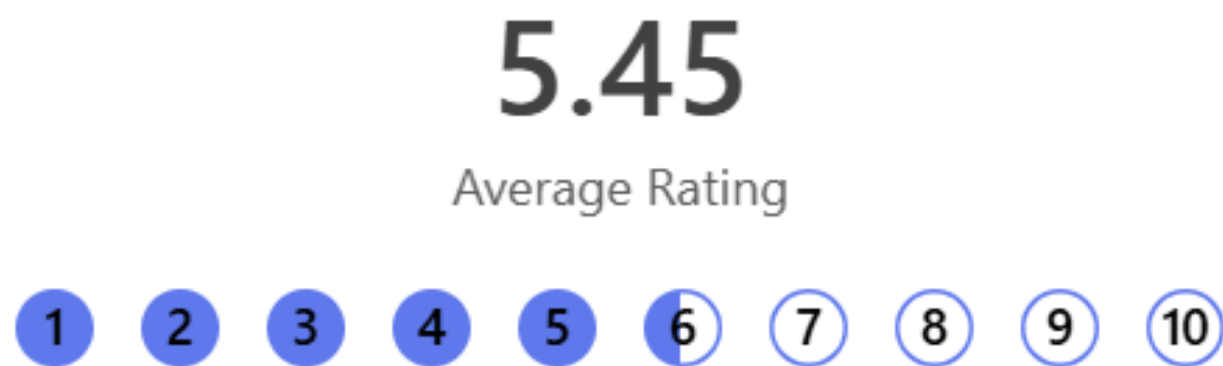
# Personal insights on the data:

19. How much does your family influence your views on relationships?



# Personal insights on the data:

21. How much does your culture influence your views on relationships?



# What could YOU do now:

- Use the insights to recognise red flags
- Share the findings
- Incorporate this research into safeguarding strategies
- Strengthen early-help pathways
- Support friends

**Thank you for listening to  
our findings**

**‘Because every YOUTH  
deserves the Truth’**