YOUNG



SPORTS AND ADVENTURE YOUTH LEADER

VOYCE – Voices Of Youth Creating Empowerment

Age Range: 16-21 (or up to 25 with SEND) Division: Young Tower Hamlets, Volunteering Where: Youth Clubs, the Town Hall Commitment: Part-time, voluntary (includes free training, workshops & project time) Duration: 12 weeks – around 3 hours a week

What's this role about?

Love to move? Unlock a new adventure and become a Sports and Adventure Youth Leader and take charge of your next adventure. Lead your own fun from creative sessions, football, fitness to tournaments and games. You'll get training, shadow professionals, and bring new ideas energy and positivity to your community and youth centres.

What You'll Do:

- Plan and lead your own sports, adventure or fitness session
- Join hands-on workshops and training
- Shadow sports youth workers and coaches
- Run events that get people moving and working as a team
- Inspire healthy, active lifestyles

Who We're Looking For:

- Aged 16–21 (or up to 25 with SEND)
- Energetic, positive, and ready to lead
- No experience needed just passion and commitment!

You'll Gain:

- Leadership, teamwork, and coaching skills
- Real experience to boost your CV or UCAS
- A certificate and celebration event
- Confidence and new connections
- 1-to-1 support from a dedicated team
- Project Management experience

Ready to get involved?

Email your Youth Leader application to: hayley.mullin@towerhamlets.gov.uk by the 31st of July 2025.