YOUNG TH

TOWER HAMLETS

SPORTS AND ADVENTURE YOUTH LEADER

VOYCE- Voices of Youth Creating Empowerment

Age Range: 16-21 (or up to 25 with SEND) Division: Young Tower Hamlets, Volunteering Where: Youth Clubs, the Town Hall Commitment: Part-time, voluntary (includes free training, workshops & project time)
Duration: 12 weeks – around 3 hours a week

What's this role about?

- *Love to move?* Unlock a new adventure and become a Sports and Adventure Youth Leader and take charge of your next adventure. Co- lead your young peers canoeing, biking, caving and much more. Assisting the delivery of sessions helps you develop communication, teamwork, and public-speaking skills.

You'll get town hall training, shadow professionals, and bring new ideas energy and positivity to your community and youth centres.

What You'll Do:

- Join hands-on workshops and training.
- Shadow sports youth workers and coaches.
- Champion healthy active lifestyles for young people.
- Be an advocate for outdoor activity.

Who we're looking For:

Energetic, positive, individuals
No experience needed.
Just passion and commitment.

You'll Gain:

- Leadership, teamwork, and coaching skills
- Real experience to boost your CV or UCAS
- A certificate and celebration event Confidence and new connections
- 1-to-1 support from a dedicated team

Ready to get involved? Email your Youth Leader application to: **hayley.mullin@towerhamlets.gov.uk** by the 27th March 2026.